

RESEARCH & ACADEMICS NEWS

QUARTERLY DIVISIONAL UPDATE ~ WINTER 2016

See What's New in Research & Academics at Waypoint



Dr. Howard Barbaree
VP Research & Academics

The winter season has been a productive one for our division.

In March, the refreshed Research & Academics

Strategic Plan was reviewed and approved by the Waypoint Board of Directors. Accordingly, we will be moving forward with this plan over the next several months. The focus of this refreshed strategic plan was to provide more specific direction concerning the development of

evidence-based practices, a more detailed account of Knowledge Translation than was contained in the original strategic plan of 2010. Over the next few weeks we hope to define our various projects and Wildly Important Goals (WIGs) that will guide our division and staff to success in the future.

There have been several other achievements within our department over the last quarter including the completion of the Waypoint History Walk, nomination and awards for members of our team, and successful grant applications. Details of each of these accomplishments can be found inside this newsletter.

We are very excited about our annual Waypoint Research Institute Conference to be held May 17th – 18th at the Holiday Inn & Conference Centre in Barrie. Implementing Evidence-Based Practice in Mental Health & Addiction is the theme for this year's conference and will feature keynote speakers Laura Damschroder, PhD and Jeremy Grimshaw PhD as well as 45 separate sessions consisting of paper presentations, workshops and symposia. Information on the conference program and registration can be found on page 4 of this newsletter .

Waypoint Author's Corner

A feature of the recently re-launched History Walk is the *Waypoint Author's Corner*. This display outside of the Atrium Library is dedicated to featuring the work of author's throughout our hospital. Items to be featured will include fiction and non-fiction work by various author's as well as publications relating to research conducted within the hospital. The display will rotate quarterly so we will be looking for new material on an ongoing basis.

If you would like to recommend anyone to be featured in the *Waypoint Author's Corner* please contact researchinstitute@waypointcentre.ca or Ext 2142.



Let's Celebrate!

We are so excited to share with you some of the recent achievements of our Researchers.

✧ Dr. Shari McKee is the recipient of the 2016 CPA Award for Distinguished Practitioner. This award is presented to CPA Members of Fellows who have made distinguished contributions in the practice of psychology. Dr. McKee will be travelling to the 2016 CPA Conference in Victoria, BC to receive her award in June.

✧ Dr. Zoe Hilton has been awarded the Women's Xchange Grant from the Women's College Research Institute to support a research project entitled *Empowering healthy sexuality for women using psychiatric inpatient services*.



✧ Dr. Barna Konkoly-Thege has successfully completed his registration with the College of Psychologists of Ontario.

✧ Jennifer Roters has been accepted to the PhD program at Brock University and will commence her studies this fall.

Please join us in congratulating these staff for their success and accomplishments.

Re-Launch of the Waypoint History Walk

With over 80 staff, past and present Board members, community members, and partners in attendance, the Waypoint History Walk was officially re-launched on April 20th. Initially created in 1992 by a dedicated group of staff and volunteers, the History Walk features artefacts, photographs, and artwork that represent the history of the Boys Reformatory and the hospital. The re-launch has now extended the material to include displays in the Administration, Atrium, and Toanche buildings.

Many thanks to all of the staff, volunteers and clients who have contributed their time, talents and knowledge to continue the tradition of recognizing our rich history.

Guided public tours of the History Walk will be available on May 7th between 10am—2pm. Please contact researchevents@waypointcentre.ca for more information.



LtoR: John P.M. Court (CAMH Archives), Jennifer L. Bazar (Waypoint Centre), Dr. Howard Barbaree (Waypoint Centre)



Painting of Oak Ridge by staff member Wendy Burton



Attendees viewing History Walk displays



Drivers jacket on client-made stand



Carol Lambie welcoming attendees

Waypoint Library

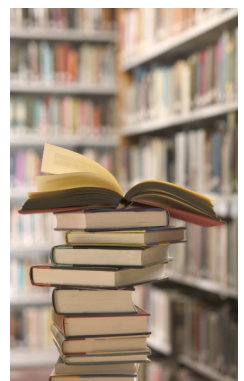
Library Services is conducting an inventory of the cataloged resources and would like to ask for all material to be returned to the library so it can be included in the inventory.

Please check all work areas for any material that should be return.

Thank you for your cooperation!

Jolene Wintermute, Librarian
1st Floor, Atrium Building Ext. 2342

[Library on PenNIE](#)



Explore Waypoint's history during Mental Health Week May 2 - 8, 2016

Community Exhibit

May 2nd - 8th, 2016

Penetanguishene Centennial Museum & Archive
13 Burke St, Penetanguishene

A special display of Waypoint's history will be featured at the Penetanguishene Centennial Museum and Archives throughout Mental Health Week.

Public Tours

Saturday, May 7th, 2016

10:00am - 2:00pm
Waypoint Atrium Lobby

Guided tours of the newly re-launched Waypoint History Walk will be available. Tours will operate on a drop-in basis between 10:00am and 2:00pm.

Registration available at:

<http://waypoint-history-walk-tours.eventbrite.ca>

History Lecture

Wednesday, May 4th, 2016

7:00pm

Penetanguishene Centennial Museum & Archive
Jennifer L. Bazar - Waypoint / University of Toronto

A public lecture about the 112 year history of the mental health centre in Penetanguishene will be presented by the curator of Waypoint's History Walk.



Waypoint
CENTRE for MENTAL HEALTH CARE
CENTRE de SOINS de SANTÉ MENTALE



For more information please contact
researchevents@waypointcentre.ca or ext. 2142

WIN FREE TICKETS!!!

Are you interested in attending the **Implementing Evidence-Based Practice in Mental Health & Addictions Conference** in Barrie May 17th & 18th?

If you are a staff or patient/client interested in attending we have an amazing opportunity for you!

We are offering **4** complimentary tickets to this event. 2 tickets available for staff (non-management) and 2 tickets available for an outpatient/family member/peer support worker and an attendee of their choice.

To enter the draw please submit your name, position title, department and email address or phone number to researchevents@waypointcentre.ca. Please ensure you have your manager's permission to attend before submitting your information.

Outpatient/family member/peer support submissions should be sent to the Patient/Client & Family Council via Yvette Brook (x2180)
ybrook@waypointcentre.ca

All submissions are due by end of day on Friday, May 6th. The draw will take place on Monday, May 9th. Winners will be notified at that time.



Implementing Evidence-Based Practices in Mental Health & Addictions



**MAY 17-18,
2016**

Holiday Inn Barrie Hotel &
Conference Centre
Barrie, ON
<http://www.hibarrie.ca/>

Conference Themes

- ✦ Evidence-Based Practice
- ✦ Implementation Science
- ✦ Knowledge Translation or Mobilization
- ✦ Quality and Systems Improvement

#WRIConference2016

Keynote Speakers

Laura Damschroder



Jeremy Grimshaw



2016 Conference Information

- Conference Program Details
- Registration
- Accommodations
- Directions

For more information go to our website: <http://goo.gl/X0Fa4I>

Register Now on Eventbrite™

WAYPOINT Talks

*Free Seminars in
Mental Health*

Date	Time	Location	Event Information
Apr 27	1pm-3pm	Auditorium Atrium Building	<i>Topic:</i> Substance Abuse & Transitional Age Youth <i>Title TBA</i> Abby Goldstein (University of Toronto)
Jun 15	1pm-3pm	Auditorium Atrium Building	<i>Topic:</i> Workplace Mental Health <i>Title TBA</i> Bonnie Kirsh (University of Toronto)

Waypoint Talks are usually held on the 3rd Wednesday of the month from 1-3pm in the Atrium Auditorium, with exceptions (to be advertised in advance).

For more information on events sponsored by the Research and Academics Division or to register please visit the Education & Event Calendar on PenNIE, contact Jessica Caston at jcaston@waypointcentre.ca or call ext. 2142.